

## ACTON GYM MEMBERSHIP

The use of the gym is intended to supply all Acton Residents, Taxpayers, Volunteer Firefighters, Rescue Members, Auxiliary Members, Municipal Employees, (including subcommittees of the town) with the opportunity to improve or maintain their health. The only requirement to join the gym is to be a taxpayer, resident, volunteer or to be a municipal employee. Taxpayer/Resident annual fee is \$120.00 pro-rated monthly. Volunteer, Municipal Employee single or family fee is \$60.00 pro-rated monthly. This is to help to help cover the operating costs and improvements of the facility. Our goal is to make this gym self-sufficient and not cost the taxpayers much if anything to operate.

Name (s): \_\_\_\_\_

Address: \_\_\_\_\_

Home phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_

E-mail address \_\_\_\_\_

Becoming a member of the Acton Gym requires you to follow the rules (see attached sheet) designed to keep the gym operational at a low cost, clean, and safe. **All members are expected to help clean the gym on a regular basis.**

The annual gym fee is waived for all Volunteer Fire, Rescue and Auxiliary members and their immediate families.

Children: In order to use the equipment, you must be 14 years of age and accompanied by the adult member in your family. The adult member is responsible for following all the rules. Any violation of the rules will result in termination of membership, and the key will have to be returned immediately. Children under the age of 14 are not allowed in the Gym.

Individuals on a regular basis, to insure it's being used appropriately will monitor the gym. Eventually, a video camera might be installed if needed.

I have read the following terms and agree to abide by the contract provided. I understand that if I violate ANY of these rules my privileges will be IMMEDIATELY terminated.

Member Signature: \_\_\_\_\_ Date \_\_\_\_\_

# Acton Gym Rules

**NO STREET SHOES** – You **must** have a spare pair of shoes that have never, nor will ever, hit the outside pavement. Sand on the equipment is very damaging and costs us money in repair and clean up. Even if you *think* your shoes are clean they are ***not***. Invest in a pair of shoes strictly for working out in the gym. (They also need to be taken with you when you leave. Shoes laying all over the gym looks messy)

**NO FOOD OR BEVERAGES OTHER THAN WATER ALLOWED IN THE GYM** – we need to keep clean up easy. Crumbs and soda spills are attractors of ANTS and sticky clean up.

**WIPE ALL EQUIPMENT AFTER EACH USE** – There will be towels and cleaner placed around the gym for wiping down each piece of equipment. You would not want to be laying in someone else's sweat so don't leave yours for them.

**NO CHILD UNDER THE AGE OF 14 ALLOWED IN THE GYM** – This is for safety as well as enjoyment of the members. This is “your time” to better yourself.

**YOUNG ADULTS 14 – 18 MUST BE ACCOMPANIED AND SUPERVISED BY THE PARENT WHO IS A MEMBER OF THE GYM** – Parents are responsible for their young adult's workout making sure the weights they are lifting are not too heavy and proper use of the equipment.

**REPORT VIOLATIONS TO A MEMBER OF THE GYM COMMITTEE** – This is your gym. The members who do not follow these rules affect you. If the selectmen feel that the gym gets out of control again they ***will*** take it away.

# ACTON GYM

**Hours of Operation**  
**Open Seven Days**  
**Per Week**

**5AM – 11PM**

**To report a problem please contact:**

**Ed Walsh – [AFDC1@aol.com](mailto:AFDC1@aol.com)**

Phone: \_\_\_\_\_

**Gail Boisvert – [gboisvert@acton.k12.me.us](mailto:gboisvert@acton.k12.me.us)**

Phone: \_\_\_\_\_